



Jeffery's Story

Jeffery Donahoe, U.S. Fish and Wildlife Service

My cause is outdoor therapy for veterans. Our nation's active duty service personnel and veterans have made immeasurable personal sacrifices, and many have also suffered physical and psychological wounds. In some small way, I can give back to them through my financial support of CFC charities that provide outdoor therapies for our wounded military members. I have a family member who is a Vietnam-era Army combat veteran. For years following his service, he was quiet, reserved, tense, and withdrawn. It was when he and his wife took up recreational boating and fishing that a restorative healing occurred. When he was outdoors, he was able to relax and be open to talking about his past and his feelings. Now after many years of outdoor recreational activities, he is involved and eager to meet what the future holds. Charities that provide outdoor therapies rely on volunteers to develop, administer, and present their programs to our military and veterans and their families. Monetary donations allow these charities to deliver quality, restorative, and healing experiences to those in need. The CFC is an important way for Federal employees and contractors to contribute to their favorite causes.

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